In the name of God
Medicinal plants acting on female reproductive system
• Flax
• Scientific name: *Linum usitatissimum*
• There are some lignans in the products which possess estrogenic effect.
• Until more research is available, flax should not be used during pregnancy and breastfeeding.
• Fennel
• Scientific name: *Foeniculum vulgare*retrogenic
• Estrogenic action: Anethole, one of the chemical components of fennel, may influence milk secretion by competing with dopamine at receptor sites, thereby reducing the inhibition by dopamine of prolactin secretion.
• Contraindications: pregnancy category is 4; breastfeeding category is 2A.
• False Unicorn Root
• Scientific name: *Chamaelirium luteum*
• Actions
• Dosages
• Active ingredients
• Side effects and adverse reactions: Nausea, vomiting (large doses), Hypersensitivity reactions

• Considerations
False Unicorn and Lobelia - 100 Vegetarian Capsules

- Brand: Christopher's Original Formulas
- Item Number: COF1063
- Serving Size: 2 Capsules
- Serving per Container: 50
- Quantity per Container: 100 Capsules
- Price per Serving: $0.97
- Price per Unit: $0.48 per Capsule
- Price Per Unit may reflect product’s price per capsule, tablet, ounce, fluid ounce, etc.

DESCRIPTION
- MFG #: 89126
- UPC #: 08478391260

A synergistic blend of herbs favored by women for the reproductive system.
St. Francis: False Unicorn

$33.98

Used to tonify the female reproductive system.

PRODUCT INFO
False Unicorn is used for ovarian cysts, menstrual problems, threatened miscarriage, vomiting from pregnancy, and to normalize hormones after oral contraceptive use.

Dosage:
Adults: Take 2 ml (60 drops) 3-4 times daily in a little water on an empty stomach.
• Cola tree
• Scientific names: *Cola nitida*, *Cola acuminata*
• Actions
• Contraindications
• Interactions
• Estrogenic action and chemical components responsible for it
• Dosages
• Contraindications
• Life-threatening adverse effects
• Interactions
• **Alfalfa**

• **Scientific name:** *Medicago sativa* L.

• **Other common names**
Nature's Way
Alfalfa 405 mg
405 mg / 100 Vegi Caps / Item #014837

50% OFF
$4.49
Reg. Price $8.99

ADD TO CART
Garden Of Life
Perfect Food® Raw Organic Green Super Food Chocolate
285 g Powder / Item #024824

Limited Quantity Available
26% OFF

$30.25
Reg. Price: $41.21

ADD TO CART
Amazing Grass
Green SuperFood® Drink Powder Berry
17 oz Powder / Item #055884

25% OFF

$37.49
Reg. Price: $49.99

ADD TO CART
Puritan’s Pride

Natural Alfalfa 650 mg
650 mg / 300 Tablets / Item #048291

Buy 1 Get 2 Free
3 for $15.99

ADD TO CART

Buy 2 Get 4 Free
6 for $31.98

ADD TO CART
NOW® Foods
Alfalfa Leaf 500 mg
500 mg / 100 Capsules / Item #012345

43% OFF
$4.49
Reg. Price: $7.69

ADD TO CART
Alfalfa Supplements | 9 Products in Alfalfa

Alfalfa is known as a "green food" that helps promote nutritional wellness.**
- Alfalfa contains important phytochemicals known for their multiple beneficial properties and may contain antioxidant properties.**
- Alfalfa has become popular for supporting women's health, especially during menopause.**

Above Statements not applicable to all products below

Sort By:  A-Z | Best Sellers | Price Low to High | Price High to Low | Top Rated

---

### MOST POPULAR

<table>
<thead>
<tr>
<th>Rating</th>
<th>Reviews</th>
<th>Product</th>
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<tbody>
<tr>
<td>★★★★★</td>
<td>6 Reviews</td>
<td>Perfect Food® RAWs Organic Green Super Food Powder</td>
</tr>
<tr>
<td>★★★★★</td>
<td>17 Reviews</td>
<td>Natural Alfalfa 650 mg</td>
</tr>
<tr>
<td>★★★★★</td>
<td>1 Reviews</td>
<td>Green SuperFood® Original</td>
</tr>
</tbody>
</table>
• Anise
• Scientific name: *Pimpinella anisum*
• Other common names
• Contraindications
• Interactions
• Estrogenic action and chemical components responsible for it
• Considerations
• Black Cohosh
• Scientific names: Actaea racemosa, Cimicifuga racemosa
• Other common names
• Estrogenic action
• Dosage
• Contraindications
• Interactions
• chemical components responsible for the effects
• Considerations
BLACK COHOSH 40MG CAP [MAJOR]

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<tbody>
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<td>UOM</td>
<td>EA</td>
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<tr>
<td>Case Qty</td>
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<td>Strength</td>
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<td>Fed. Rating</td>
<td>NR</td>
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<td>Color</td>
<td>WHT/OFF WHT</td>
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<td>Sugar Free</td>
<td>Yes</td>
</tr>
<tr>
<td>Alcohol Free</td>
<td>Yes</td>
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<tr>
<td>Item Labels</td>
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</table>

### ACTIVE INGREDIENTS

<table>
<thead>
<tr>
<th>Name</th>
<th>Strength</th>
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<tbody>
<tr>
<td>CIMICIFUGA RACEMOSA (BLACK COHOSH ROOT)</td>
<td>40 MG</td>
</tr>
<tr>
<td>SOYBEANS (GLYCINE MAX)</td>
<td>n/a</td>
</tr>
</tbody>
</table>
Phoebe naturals™

FEATURES

The German Commission E Monograph on black cohosh states that it is a useful phytomedicine for premenstrual discomfort, dysmenorrhea (painful menstruation) or climacteric (menopausal) ailments. As women age, the chemical signals between the pituitary and the ovaries are disrupted, resulting in decreased estrogen and increased luteinizing hormone (LH). High levels of LH are linked to night sweats, hot flashes, palpitations and thinning of the vaginal walls.

A large study of 629 women who supplemented with 80 mg black cohosh extract daily for six to eight weeks showed positive results. Most of the women noticed benefit within four weeks and a large percentage of women had complete resolution of symptoms within eight weeks.

Herbalists have long known that black cohosh is a useful nerve and muscle relaxant, and have used black cohosh to treat headache and muscle spasms. Well-known herbalist, David Hoffman, explains: "It is very active in the treatment of rheumatic pains, rheumatoid arthritis, osteoarthritis and in muscular and neurological pain. It finds use in sciatica and neuralgia. As a relaxing nerve it may be used in many situations where such an agent is needed... It has been found beneficial in cases of tinnitus."

This extract delivers 40 mg of black cohosh for those who want convenient, safe and effective help for those hot flashes and other uncomfortable symptoms of perimenopause and menopause.
BYNAMIX

Shiffa Home

Dietary Supplement Contains
Black Cohosh Extract

60 KAPSÜL | 580 mg
• Bugleweed
• Scientific names: *Lycopus virginicus*, *L. europaeus*
• Actions
• Contraindications
• Interactions
• Castor
• Scientific name: *Ricinum communis*
• Contraceptive action
• Contraindications
• Side effects and adverse reactions
• Chamomile
• Scientific names
• Chaste tree
• Scientific name: *Vitex agnus castus*
Agnus Castus-V

FORMULA: 77301-50X

1 $47.70 Suggested Retail Price

ADD TO CART  Add to Favorites

Have a question for our team? Send us a message.

<table>
<thead>
<tr>
<th>DESCRIPTION</th>
<th>SCIENCE</th>
<th>SUPPLEMENT FACTS</th>
</tr>
</thead>
</table>

Agnus Castus-V supplies 400 mg of Vitex agnus-castus (chasteberry) standardized herb in each vegetarian capsule. Agnus castus may help support female reproductive health and hormonal balance. ¶
MICROgenics® Vitex Agnus Castus

Why should I take MICROgenics® Vitex Agnus Castus Women’s PMS Relief?

Product Benefits:

Dosage:

No added:

Ingredients (per capsule):

Vitex agnus-castus (Chaste berry) extract equiv. to dry fruit 1000mg
Baldwins Agnus Castus (Vitex Agnus-castus) Herbal Tincture

Email to a Friend | Add to Wishlist

Choose your size:

- 50ml: £4.15

Qty: 1

£4.15
• Clary
• Scientific name: *Salvia sclarea*
Essential Oil - Clary Sage

$ 13.95

100% Pure. Undiluted.

**Botanical Name:** Salvia sclarea

**Plant Part:** Leaves and Flowers

**Extraction Method:** Steam Distilled

**Origin:** China

**Color:** Colorless to pale yellow clear liquid.

**Blends well with:** Basil, Bergamot, Cedarwood, Chamomile German, Chamomile Roman, Geranium, Lavender, Orange, Rosewood, Sandalwood, and Ylang-ylang.

Clary Sage Essential Oil has an earthy, fruity, floral fragrance. This versatile essential oil can be used as a deodorant or uterine tonic. It's also known to promote menstrual flow, to help with infertility, and to relieve headaches, cramps, and insomnia. Thought to provide mild euphoric actions, Clary Sage has a soothing effect on the nerves, and is used in aromatherapy as an antidepressant and antispasmodic. The main chemical compound in Clary Sage is Linalyl Acetate, which is known to reduce skin inflammation, to balance oil production, and to heal skin rashes.

*Clary Sage Essential Oil should not be used during pregnancy.*

**Size:**

10ml - $13.95
Clary Sage Organic

Be the first to review

£15.40 / 10ml
PLU 2229

Add to Wishlist

<table>
<thead>
<tr>
<th>Description</th>
<th>Good to Know</th>
<th>Ingredients</th>
<th>Delivery</th>
</tr>
</thead>
</table>

Latin name: *Salvia sclarea*

Steam distilled from the leaves and flowers.

- Soothes the nerves
- Aids a deep and restful sleep

Blends well with rose, lavender and vetiver. Caution: Avoid alcohol after use.