DALFYRA

WALKING IMPAIRMENT IN MS

Walking integrates multiple functional systems, including

- motor (pyramidal and extra pyramidal)
- sensory (proprioception)
- visual
- cerebellar
- vestibular



- Up to 58% of patients reported problems with some aspect of mobility in the first year following diagnosis of MS¹
- Up to 93% of patients reported mobility problems within 10 years of diagnosis¹
- 70% of patients with walking difficulty state that it is the most challenging aspect of their MS²

IN A COHORT OF SPMS PATIENTS, WALKING SPEED DECLINED BY 19% OVER 2 YEARS



EDSS = Expanded Disability Status Scale; SPMS = Secondary Progressive Multiple Sclerosis; T25FW = Timed 25-Foot Walk

Biogen Idec, data on file; and Krishnan A, et al. P07.096. Presented at the American Academy of Neurology 2012 Annual Meeting, New Orleans, Louisianna

MULTIPLE FACTORS CAN CAUSE WALKING IMPAIRMENT



 Fampyra is a slow-release oral tablet indicated for the improvement of walking in adult patients with multiple sclerosis with walking disability The tablet contains a sustained release formula of 4-Aminopyridine, which blocks tiny pores, or potassium channels, on the surface of nerve fibers.



PR-FAMPRIDINE: MECHANISM OF ACTION

Without PR-fampridine

 Action potentials propagate more slowly along demyelinated axons than in myelinated axons



With PR-fampridine

- PR-fampridine is a K⁺ channel blocker that reduces the leakage of ionic current through these channels
- This improves action potential propagation in demyelinated axons



K+ = potassium; PR = prolonged-release Hayes KC. *CNS Drug Rev* 2004;10:295-316



 Taking Fampyra does not change the underlying course of the disease or limit the damage caused by the disease.

- Fampyra is administered orally by tablet twice a day, 12 hours apart.
- It should be taken without food.

MS-F203/204: PRIMARY EFFICACY OUTCOME PERCENTAGE OF TIMED-WALK RESPONDERS

 Across trials, ~38%³ of patients showed a consistent increase in walking speed (timed-walk responders)



PR = prolonged-release

1. Goodman AD, et al. *Lancet* 2009;373:732-738; 2. Goodman AD, et al. *Ann Neurol* 2010;68:494-502; 3.EMEA Assessment Report, Fampyra 2011

MS-F202/3/4: POOLED PRIMARY EFFICACY OUTCOME DATA PR-FAMPRIDINE TIMED-WALK RESPONSE RATES ARE CONSISTENT REGARDLESS OF MS TYPE



PPMS = primary progressive MS; PR = prolonged-release; RRMS = relapsing remitting MS; SPMS = secondary progressive MS Adapted from: Brown T, et al. Poster P921. Presented at ECTRIMS;13-16 October 2010

MS-F202/3/4: POOLED PRIMARY EFFICACY OUTCOME DATA PR-FAMPRIDINE TIMED-WALK RESPONSE RATES ARE CONSISTENT REGARDLESS OF TYPE OF CONCOMITANT DMT USE*



DMT = disease modifying therapy; PR = prolonged-release

Brown TR, et al. Poster P06.136. Presented at ANN;10-17 April 2010

- The results of these two studies indicate that:
- between one third to one half of people with walking difficulties will see an improvement in their walking speed after taking Fampridine PR.
- An average improvement of about 25% of walking speed would be expected from those that respond to the treatment.

- Patients should be evaluated after two weeks and treatment should be stopped for those who have not shown an improvement
- Treatment should also be stopped if a patient's walking ability worsens or if the patient does not report any benefit.

- Fampyra should not be taken by people who may be hypersensitive (allergic) to fampridine or any of the other ingredients.
- It shouldnot be administered to patients who have seizures or have ever had seizures or in patients with kidney problems.

 It should not be used with other medicines that contain fampridine or medicines known as 'inhibitors of organic cation transporter 2' such as Cimetidine.

SAFETY AND TOLERABILITY: DISCONTINUATION

- In the Phase III trials (MS-F203/204)^{1,2} PR-fampridine was generally well tolerated
- The majority of AEs were mild to moderate in severity and in general did not lead to treatment discontinuation
 - Low discontinuation rate due to AEs in three placebo-controlled MS studies
 - 4% for PR-fampridine
 - 2% for placebo

AE = adverse event; PR = prolonged-release

1. Goodman AD, et al. *Lancet* 2009;373:732-738; 2. Goodman AD, et al. *Ann Neurol* 2010;68:494-502; Ampyra PI, May 2012

PHASE III (MS-F203/4): ADVERSE EVENTS OF INTEREST

	Placebo (n=191)	PR-fampridine 10mg BID (n=148)
Urinary tract infection	10.5%	14.9%
Falls	16.2%	14.4%
Insomnia	2.6%	8.9%
Dizziness	2.6%	8.3%
Headache	2.6%	6.9%
Nausea	2.1%	6.9%
Asthenia	4.7%	6.6%
Upper respiratory tract infection	7.9%	6.0%
Back pain	1.6%	5.7%
Balance disorder	2.1%	5.7%
Fatigue	3.1%	5.2%

All AEs seen in >5% of PR-fampridine patients

- Seizure rates were similarly low in the placebo and PR-fampridine groups (1/191 [0.4%] vs 1/348 [0.3%] respectively)
- 5% discontinued due to AEs in MS-F203 and 3% in MS-F204
- Overall discontinuations were 8.8% in MS-F203 and 6.7% in MS-F204

AE = adverse event; PR = prolonged-release

Adapted from: Goodman AD, et al. Lancet 2009;373:732-738; Goodman AD, et al. Ann Neurol 2010;68:494-502

No adverse effects on fertility were observed in rats following oral doses of fampridine up to 9 mg/kg/day in males and females treated prior to and during mating, continuing in females to late gestation or weaning.

- Adequate and well controlled studies in pregnant women have not been conducted.
- It is not known whether fampridine is excreted in human milk and the excretion of fampridine in milk has not been studied in animals.

INT J NEUROSCI. 2017 OCT; 127(10): 915-922. EXPERIENCE WITH FAMPRIDINE IN CLINICAL PRACTICE: ANALYSIS OF A POSSIBLE MARKER OF CLINICAL RESPONSE. <u>ALVAREZ-PAYERO M¹, VALEIRAS-MUÑOZ C², LION-VÁZQUEZ S³, PIÑEIRO-CORRALES G¹, MUÑOZ-GARCÍA D⁴, MIDAGLIA L⁴.</u>

 Six-month prospective study of fampridine in patients with multiple sclerosis.

 Of all patients, 70.9% demonstrated clinical benefit based on response criteria established, at the 14-d follow-up, 61.8% at 3 months and 45.5% at 6 months. A significant decrease in the mean (SD) EDSS score was observed in responders at 6 months (6.1 [0.9] vs. 5.64 [0.1], p < 0.05).

 Adverse effects were recorded in 50.9%, although most were mild-moderate and resolved completely. <u>MULT SCLER J EXP TRANSL CLIN.</u> 2017 NOV 8;3(4):2055217317740145. RANDOMIZED, PLACEBO-CONTROLLED CROSSOVER STUDY OF DALFAMPRIDINE EXTENDED-RELEASE IN TRANSVERSE MYELITIS. <u>SCHWARTZ K¹, WYMBS NF¹, HUANG H¹, MEALY MA¹, PARDO CA¹, ZACKOWSKI K¹, LEVY M¹.</u>

 Sixteen adult study participants with monophasic TM confirmed by MRI were enrolled if their baseline timed 25-foot walking speed was between 5 and 60 seconds.

- Of 16 enrolled participants, three withdrew and 13 completed the trial.
- Among the 13 completers, nine individuals showed an average timed walk that was faster in the D-ER arm compared to the placebo arm, but only four participants met the stricter statistical threshold to be classified as a responder.

 Analyses of secondary clinical outcome measures including strength, balance assessments, spasticity, and EDSS score showed trends toward improvement with D-ER. <u>NEUROLOGY.</u> 2017 FEB 28;88(9):832-841. MONITORING LONG-TERM EFFICACY OF FAMPRIDINE IN GAIT-IMPAIRED PATIENTS WITH MULTIPLE SCLEROSIS. <u>FILLI L¹, ZÖRNER B², KAPITZA S², REUTER K², LÖRINCZ L², WELLER D², SUTTER T², KILLEEN T², GRUBER P², PETERSEN JA², WELLER M², LINNEBANK M².</u>

- Fifty-three PwMS who completed the FAMPKIN core study were included in this extension trial.
- Drug efficacy was assessed in an open-label and randomized double-blind, placebocontrolled study design with regular baseline assessments over a period of 2 years using the Timed 25-Foot Walk (T25FW), 6-Minute Walk Test (6MWT), and 12-item MS Walking Scale (MSWS-12) as outcome measures.

- The data showed good tolerability and persisting efficacy of PR fampridine during long-term treatment in PwMS.
- Significant improvements in walking speed, endurance, and self-perceived ambulatory function were observed during open-label and double-blind controlled treatment with PR fampridine

 Several patients showed changes in drug responsiveness over time, resulting in an increased proportion of patients exceeding 10% or 20% improvements in walking measures after long-term treatment. The considerable proportion of patients in whom responsiveness to PR fampridine changed over time emphasizes the importance of regular reassessment of drug efficacy in clinical practice to optimize treatment.

 Such reassessments seem to be particularly important in patients with poor initial drug responses, as this group demonstrated enhanced responsiveness after long-term treatment. ANN PHYS REHABIL MED. 2016 SEP;59S:E40. "GAIT RESPONDER" TO FAMPRIDINE, A TOO RESTRICTIVE CONCEPT? CHRISTOPHER M, SAGAWA Y JR, BERNARD C, MOULIN T, MAGNIN E, DECAVEL P.

- 60 PwMS with an EDSS score between 4 and 7 were included in a prospective monocentric open label trial.
- Two identical measures were conducted a week apart before initiating treatment in order to take into account the test-retest effect.

- Then, patients were treated for at least 14 days and were evaluated twice (again a week apart).
- Two tests were used to measure IPS: symbol digit modalities test (SDMT) and verbal fluencies test (VFT).
- The gait was measured at fast condition and the fatigue was evaluate using the modified fatigue impact scale (EMIF-SEP).

- Patients were divided into two groups regarding to the increase of gait speed after treatment: gait responders (GR) (more than 17.2%) and non-gait responders-NGR (less than 17.2%).
- The second group was also divided into two groups: those continuating treatment (on clinician appreciation) called others responders (OR) and those who stopped treatment called no responders (NR)

• Mean EDSS was 5.25±1.07.

- 24% of PwMS were qualified as gait responder (mean speed improvement of 49.4%).
- Those who improved their gait velocity were the most affected by the disease (regarding to EDSS).

 Fatigue and IPS improvement was found in GR, NGR and OR after treatment.

 Our results suggest that fampridine could have an effect on cognition disorders and fatigue even on those who are not gait responder.

BRAIN BEHAV. 2017 JAN; 7(1): E00559. DALFAMPRIDINE EFFECTS ON COGNITION, FATIGUE, AND DEXTERITY MELANIE KORSEN, ¹ RHINA KUNZ, ¹ ULF SCHMINKE, ¹ UWE RUNGE, ¹ THOMAS KOHLMANN, ² AND <u>ALEXANDER DRESSEL</u>

- Here, we investigated whether the responder status with respect to mobility measures would determine whether dalfampridine treatment exerts a beneficial effect on other MS symptoms.
- We therefore assessed walking ability, upper limb function, cognition, fatigue, VEPs, depression, and quality of life in patients before and after dalfampridine treatment.

- Of the 34 patients who completed the study, 22 patients were responders and 12 patients nonresponders, according to their performance in mobility measures.
- Treatment effects for the entire patient cohort were observed for PASAT (p = .029) and BDI (p = .032).

- In this study, we observed beneficial effects of dalfampridine on cognition, depression, and fatigue.
- These effects were not limited to patients who responded to dalfampridine with improved mobility measures.
- These findings underscore the need to assess the beneficial effects of dalfampridine on neurological deficits in MS patients in additional randomized clinical trials.

<u>J NEUROL.</u> 2015 AUG;262(8):1936-45. SUSTAINED-RELEASED FAMPRIDINE IN MULTIPLE SCLEROSIS: EFFECTS ON GAIT PARAMETERS, ARM FUNCTION, FATIGUE, AND QUALITY OF LIFE. <u>ALLART E¹, BENOIT A, BLANCHARD-DAUPHIN A, TIFFREAU V, THEVENON A, ZEPHIR H, OUTTERYCK</u> <u>O, LACOUR A, VERMERSCH P.</u>

- 120 consecutive, eligible patients with MS were evaluated at baseline (D0) and after two weeks (D14) of fampridine-SR.
- Lastly, D14 responders were again evaluated after three months (M3).
- Response to treatment was defined as a 15% improvement in at least one of the following tests: the Timed 25-Foot-Walk (T25FW), the 2-min walk test (2MWT) and the Multiple Sclerosis Walking Scale (MSWS-12).

- Eighty-three patients (74%) were found to be responders.
- The response rate was lower when assessed as a 20% improvement in the T25FW (50.9%), and this difference was particularly marked for fast-walking subjects (i.e. T25FW <8 s at baseline).

- Responders showed also significant, lasting reductions in fatigue and significant, lasting improvements in hand function
- In conclusion, several MS-induced symptoms other than gait velocity may be improved by fampridine-SR, even if this remains to be more specifically evaluated in future studies.

<u>MULT SCLER RELAT DISORD.</u> 2018 DEC 19;28:117-124. EFFECTS OF 4-AMINOPYRIDINE ON ATTENTION AND EXECUTIVE FUNCTIONS OF PATIENTS WITH MULTIPLE SCLEROSIS: RANDOMIZED, DOUBLE-BLIND, PLACEBO-CONTROLLED CLINICAL TRIAL. PRELIMINARY REPORT. <u>ARREOLA-MORA C¹, SILVA-PEREYRA J², FERNÁNDEZ T³, PAREDES-CRUZ</u> <u>M⁴, BERTADO-CORTÉS B⁵, GRIJALVA I⁶.</u>

- Twenty-four patients were recruited of which 21 completed the trial, 11 with 4aminopyridine and 10 with placebo treatment.
- No significant differences between groups in the initial assessments were observed.

 In terms of efficacy, the experimental group achieved significantly higher scores in attention span, verbal fluency, planning and graphics and constructive motion. <u>SPRINGERPLUS.</u> 2016 JUL 13;5(1):1070. FAMPRIDINE AND QUALITY OF LIFE IN INDIVIDUALS WITH MULTIPLE SCLEROSIS. <u>SAGAWA Y JR¹, MAGNIN E², PAILLOT L³, MOULIN T⁴, DECAVEL P¹.</u>

• Fifty pwMS were included in this study.

- QoL was evaluated 7 days before fampridine (Pre1), on the day the fampridine treatment was initiated (Pre2), and 14 and 21 days after fampridine (Post1 and Post2 respectively)
- The QoL of pwMS improved after fampridine, suggesting a real benefit in their lives.

<u>EUR NEUROL.</u> 2015;74(5-6):243-50. VERBAL FLUENCIES AND FAMPRIDINE TREATMENT IN MULTIPLE SCLEROSIS. <u>MAGNIN E¹, SAGAWA Y JR, CHAMARD L, BERGER E, MOULIN T, DECAVEL P</u>.

 Verbal fluencies were significantly higher after fampridine treatment.

- Gait responders and gait non-responders did not present significant differences in verbal fluency performance and fatigue score.
- No correlation between gait velocity improvement and fatigue improvement compared with verbal fluency improvement was observed.

<u>CNS DRUGS.</u> 2018 JUL 10. RESTORING AXONAL FUNCTION WITH 4-AMINOPYRIDINE: CLINICAL EFFICACY IN MULTIPLE SCLEROSIS AND BEYOND. <u>LEUSSINK VI</u>¹, <u>MONTALBAN X</u>^{2,3}, <u>HARTUNG HP</u>⁴.

- Downbeat Nystagmus
- This lack of subjective improvement may be overcome with the sustained-release form of 4-aminopyridine, which has shown efficacy in an observational study.
- Therefore, further trials on the sustainedrelease formulation are needed to better understand the clinical efficacy and longterm effects of 4-aminopyridine.

EPISODIC ATAXIA TYPE 2

- A randomized, placebo-controlled trial investigated theclinical efficacy of 4aminopyridine in ten subjects with EA2.
- During the study, the median monthly attack frequency under placebo was 6.5 and decreased to 1.65 (p = 0.03) under treatment with 4aminopyridine.
- In addition, the median monthly attack duration decreased from 13.65 h with placebo to 4.45 h with 4-aminopyridine (p = 0.08) and quality of life, measured via the Vestibular Disorders Activities of Daily Living Scale, improved.

CEREBELLAR ATAXIAS

 Sustained-release 4-aminopyridine revealed modest short-term improvements in a shortterm trial in 16 patients with cerebellar ataxia (sporadic adult-onset ataxia of unknown etiology [SAOA], spinocerebellar ataxia types 1-3, 6 [SCA1/3/6], POLG mutation)