





## تجویز منطقی آنتی بیوتیک در بیماران سرپایی مبتلا به COVID-19

F. MANSOURI 1399/6/13

- In the months since the <u>novel coronavirus</u> emerged in China and began spreading around the globe,
- reports of bacterial co-infections
- and widespread antibiotic use in COVID-19 patients has prompted concerns that
- $\checkmark$  the unprecedented viral pandemic,
- on top of the devastation it has already caused,
  - could have the downstream effect of
  - **diminishing antibiotic supplies** and further **fueling rates of antibiotic resistance**.

- Even though COVID-19 is caused by a virus—SARS-CoV-2—and antibiotics should have no effect on it,
- $\succ$  those concerns aren't unfounded .

- Even though COVID-19 is caused by a virus—SARS-CoV-2—and
  - antibiotics should have no effect on it,
- those concerns aren't unfounded .

- Clinicians have frequently had to resort to antibiotics for COVID-19 patients because of
- clinical uncertainty,
- the risk of secondary bacterial infections in patients with underlying conditions
- > and lengthy hospitalizations,
- > and most of all, <u>a lack of any other proven treatment</u>.

- To date, <u>the picture on antibiotic use</u> in COVID-19 patients is
- ➢ incomplete
- but worrisome.
- An <u>early study</u> from Wuhan, China, where the pandemic originated, indicated <u>nearly all hospitalized patients</u> were receiving antibiotics.

A <u>recent review</u> of COVID-19 studies published since the pandemic began found that
➢ while only 8% of COVID-19 patients had documented bacterial co-infections,
➢ 72% had received antibiotic therapy.

 "I think the hardest thing to do as a doctor is nothing, even if nothing is the right answer,
 " says Valerie Vaughn, MD, a hospitalist at the University of Michigan's academic medical center, also in Ann Arbor.

## Data will aid stewardship going forward

• For Debbie Goff, PharmD, a pharmacist who specializes in infectious diseases and antibiotic stewardship at The Ohio State University Wexner Medical Center in Columbus,

the amount of antibiotic prescribing occurring in COVID-19 patients

- is understandable
- but frustrating.

What is the evidence for using macrolide antibiotics to treat COVID-19?

There is currently insufficient evidence to recommend treatment with macrolide antibiotics for COVID-19, alone or combined with hydroxychloroquine, outside of research. There remains potential for harm. Clinicians may wish to use macrolides to treat a bacterial super-infection that has complicated COVID-19

#EvidenceCOVID

Kome Gbinigie and Kerstin Frie 28th April 2020

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#### • VERDICT

- We identified <u>three studies</u>, <u>two *in vitro*</u> and <u>one *in vivo*</u>, assessing the use of macrolide antibiotics for the treatment of COVID-19.
- Each of these studies assessed treatment with azithromycin.
- The evidence from the *in vivo* study and one *in vitro* study
- suggest a possible synergy between <u>azithromycin</u> and <u>hydroxychloroquine.</u>

- However, the *in vivo* study
- had a small number of participants
- and was methodologically flawed;
  - the findings must therefore be treated with caution.

- The two *in vitro* studies provided conflicting results regarding the activity of azithromycin alone against SARS-CoV-2;
- one found that azithromycin alone had activity against the virus,
- whilst the other found anti-SARS-CoV-2 activity only when azithromycin was combined with hydroxychloroquine.

- At present, **there is** <u>insufficient evidence</u> to recommend treatment with macrolides,
- alone
- or combined with hydroxychloroquine, for COVID-19 outside of research.
- Both macrolide antibiotics and hydroxychloroquine can increase the QT interval;
- combining these drugs may therefore result in cardiovascular harms.

- Clinicians may wish to use macrolide antibiotics to treat a bacterial super-infection that has complicated COVID-19,
- > in line with **local/national** treatment protocols.

> JAMA. 2020 May 11;323(24):2493-2502. doi: 10.1001/jama.2020.8630. Online ahead of print.

#### Association of Treatment With Hydroxychloroquine or Azithromycin With In-Hospital Mortality in Patients With COVID-19 in New York State

Eli S Rosenberg<sup>1</sup>, Elizabeth M Dufort<sup>2</sup>, Tomoko Udo<sup>1</sup>, Larissa A Wilberschied<sup>2</sup>, Jessica Kumar<sup>2</sup>, James Tesoriero<sup>2</sup>, Patti Weinberg<sup>3</sup>, James Kirkwood<sup>2</sup>, Alison Muse<sup>2</sup>, Jack DeHovitz<sup>34</sup>, Debra S Blog<sup>2</sup>, Brad Hutton<sup>2</sup>, David R Holtgrave<sup>1</sup>, Howard A Zucker<sup>2</sup>

Affiliations + expand PMID: 32392282 PMCID: PMC7215635 DOI: 10.1001/jama.2020.8630

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### Abstract

#### • Importance:

- Hydroxychloroquine, with or without azithromycin, has been considered as a possible therapeutic agent for patients with coronavirus disease 2019 (COVID-19).
- However, there are limited data on efficacy and associated adverse events.

#### Objective:

• To describe the association between use of hydroxychloroquine, with or without azithromycin, and clinical outcomes among hospital inpatients diagnosed with COVID-19.

#### • Design, setting, and participants:

- Retrospective multicenter cohort study of patients from a random sample of all admitted patients with laboratory-confirmed COVID-19 in <u>25 hospitals</u>, representing 88.2% of patients with COVID-19 in the New York metropolitan region.
- Eligible patients were admitted for at least 24 hours between March 15 and 28, 2020.
- Medications, preexisting conditions, clinical measures on admission, outcomes, and adverse events were abstracted from medical records.
- The date of final follow-up was April 24, 2020.

#### • Exposures:

- Receipt of both <u>hydroxychloroquine and azithromycin</u>,
- > hydroxychloroquine alone,
- > azithromycin alone,
- > or neither.
- Main outcomes and measures:
- Primary outcome was in-hospital mortality.
- Secondary outcomes were cardiac arrest and abnormal electrocardiogram findings (arrhythmia or QT prolongation).

### • Results:

 Among <u>1438 hospitalized patients</u> with a diagnosis of COVID-19 (858 [59.7%] male, median age, 63 years), those receiving hydroxychloroquine, azithromycin, or both were more likely than those not receiving either drug to have diabetes, respiratory rate >22/min, abnormal chest imaging findings, O2 saturation lower than 90%, and aspartate aminotransferase greater than 40 U/L.

- Overall in-hospital mortality was 20.3% (95% CI, 18.2%-22.4%).
- The probability of death for patients receiving
- hydroxychloroquine + azithromycin was 189/735 (25.7%) [95% CI, 22.3%-28.9%]),
- hydroxychloroquine alone, 54/271 (<u>19.9%</u>)
- ▶ [95% CI, 15.2%-24.7%]),
- azithromycin alone, 21/211 (10.0%)

[95% CI, 5.9%-14.0%]),

and neither drug, 28/221 (<u>12.7%</u> [95% CI, 8.3%-17.1%]).

#### Conclusions and relevance:

- Among patients hospitalized in metropolitan New York with COVID-19, treatment with
- hydroxychloroquine,
- > azithromycin,
- ➢ or both,
- compared with neither treatment,

was not significantly associated with differences in

#### hospital mortality.

• However, the interpretation of these findings may be limited by the observational design.

 Review
 > Int J Antimicrob Agents. 2020 Aug;56(2):106053.

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## Macrolides and viral infections: focus on azithromycin in COVID-19 pathology

Arianna Pani<sup>1</sup>, Marinella Lauriola<sup>2</sup>, Alessandra Romandini<sup>1</sup>, Francesco Scaglione<sup>3</sup>

Affiliations + expand PMID: 32534189 PMCID: PMC7286256 DOI: 10.1016/j.ijantimicag.2020.106053 Free PMC article

### Abstract

- The emergence of the new COVID-19 virus is proving to be
   > a challenge in seeking effective therapies.
- Since the most severe clinical manifestation of COVID-19 appears to be a <u>severe acute respiratory syndrome</u>, <u>azithromycin</u> has been proposed as a potential treatment.

## Macrolides and viral infections: focus on azithromycin in COVID-19 pathology

- Azithromycin is known to have
- immunomodulating
- $\checkmark$  and antiviral properties.
- In vitro studies have demonstrated the capacity of azithromycin in reducing production of pro-inflammatory cytokines such as
- > IL-8, IL-6, TNF alpha,
- reduce oxidative stress,
- and modulate T-helper functions.

Macrolides and viral infections: focus on azithromycin in COVID-19 pathology

- At the same time there are multiple clinical evidences of the role of azithromycin in acute respiratory distress syndrome and against Middle East Respiratory syndrome (MERS).
- Some preliminary evidence has demonstrated controversial results regarding efficacy of azithromycin in combination with hydroxychloroquine in COVID-19.

- First, a French trial demonstrated 100% virological negativizing of six patients treated with
- > azithromycin plus hydroxychloroquine
- > vs. 57.1% of patients treated with only hydroxychloroquine
- > and 12.5% of the control group (P < 0.05).

- On the other hand, another case series revealed
- > no efficacy at all on 11 patients treated with the same combination and doses.
- Furthermore, there are some concerns regarding the association of azithromycin and hydroxychloroquine because of potential QT prolongation.
- In fact, both drugs have this as a potential side effect and evidence regarding the safe use of this combination is controversial.

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

### Hydroxychloroquine with or without Azithromycin in Mild-to-Moderate Covid-19

A.B. Cavalcanti, F.G. Zampieri, R.G. Rosa, L.C.P. Azevedo, V.C. Veiga, A. Avezum,
L.P. Damiani, A. Marcadenti, L. Kawano-Dourado, T. Lisboa, D.L.M. Junqueira,
P.G.M. de Barros e Silva, L. Tramujas, E.O. Abreu-Silva, L.N. Laranjeira,
A.T. Soares, L.S. Echenique, A.J. Pereira, F.G.R. Freitas, O.C.E. Gebara,
V.C.S. Dantas, R.H.M. Furtado, E.P. Milan, N.A. Golin, F.F. Cardoso, I.S. Maia,
C.R. Hoffmann Filho, A.P.M. Kormann, R.B. Amazonas, M.F. Bocchi de Oliveira,
A. Serpa-Neto, M. Falavigna, R.D. Lopes, F.R. Machado, and O. Berwanger,
for the Coalition Covid-19 Brazil I Investigators\*

at NEJM.org.

#### ABSTRACT

#### BACKGROUND

Hydroxychloroquine and azithromycin have been used to treat patients with coronavirus disease 2019 (Covid-19). However, evidence on the safety and efficacy of these therapies is limited.

#### METHODS

We conducted a multicenter, randomized, open-label, three-group, controlled trial involving hospitalized patients with suspected or confirmed Covid-19 who were receiving either no supplemental oxygen or a maximum of 4 liters per minute of supplemental oxygen. Patients were randomly assigned in a 1:1:1 ratio to receive standard care, standard care plus hydroxychloroquine at a dose of 400 mg twice daily, or standard care plus hydroxychloroquine at a dose of 400 mg twice daily plus azithromycin at a dose of 500 mg once daily for 7 days. The primary outcome was clinical status at 15 days as assessed with the use of a seven-level ordinal scale (with levels ranging from one to seven and higher scores indicating a worse condition) in the modified intention-to-treat population (patients with a confirmed diagnosis of Covid-19). Safety was also assessed.

#### RESULTS

A total of 667 patients underwent randomization; 504 patients had confirmed Covid-19 and were included in the modified intention-to-treat analysis. As compared with standard care, the proportional odds of having a higher score on the seven-point ordinal scale at 15 days was not affected by either hydroxychloroquine alone (odds ratio, 1.21; 95% confidence interval [CI], 0.69 to 2.11; P=1.00) or hydroxychloroquine plus azithromycin (odds ratio, 0.99; 95% CI, 0.57 to 1.73; P=1.00). Prolongation of the corrected QT interval and elevation of liver-enzyme levels were more frequent in patients receiving hydroxychloroquine, alone or with azithromycin, than in those who were not receiving either agent.

#### CONCLUSIONS

Among patients hospitalized with mild-to-moderate Covid-19, the use of hydroxychloroquine, alone or with azithromycin, did not improve clinical status at 15 days as compared with standard care. (Funded by the Coalition Covid-19 Brazil and EMS Pharma; ClinicalTrials.gov number, NCT04322123.) WHO warns overuse of antibiotics for Covid-19 will cause more deaths

- The increased use of <u>antibiotics</u> to combat the <u>Covid-19 pandemic</u> will strengthen
- bacterial resistance and
- Ultimately lead to more deaths
  - during the crisis and beyond,

the <u>World Health Organization</u> (WHO)

has warned.

No, antibiotics do not work against viruses, only bacteria. The new coronavirus (2019-nCOV) is a virus and, therefore, antibiotics should not be used as a means of prevention or treatment. However, if you are hospitalized for the

2019-nCoV, you may receive antibiotics since bacterial co-infection is possible.



#### **#Coronavirus**

Are antibiotics effective in preventing and treating the new coronavirus?





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| <b>Community Acquired Pneumonia</b>   |  |
|---|--|
| Patient Population  | Outpatient Antibiotic Regimen  |
| Well-appearing patients with no comorbidities and<br>no recent antibiotic use in an area without signifi-<br>cant macrolide resistance  | a macrolide <sup>1</sup> ( <i>e.g.</i> , azithromycin 500 mg followed by 250 mg for four<br>days; clarithromycin 500 mg BID)<br>OR<br>doxycycline <sup>2</sup> (100 mg BID)  |
| Well-appearing patients with no comorbidities and<br>no recent antibiotic use in an area with significant<br>macrolide resistance   | a <mark>beta-lactam (</mark> <i>e.g.</i> , amoxicillin 1 g TID; amoxicillin-clavulanate XR 2 g<br>BID) plus a macrolide or doxycycline<br>OR<br>a respiratory fluoroquinolone ( <i>e.g.</i> , levofloxacin 750 mg daily) |
| Well-appearing patients with significant medical comorbidities <sup>4</sup> or with recent antibiotic use <sup>5</sup>  | a beta-lactam plus a macrolide or doxycycline<br>OR<br>a respiratory fluoroquinolone   |
| 1. Patients with a history of prolonged QTc interval should not receive macrolides. 2. Doxycycline is contraindicated for pregnant patients. 3. Fluoroquinolones may carry a higher risk for<br><i>Clostridium difficile</i> infection, and carry a black box warning for tendon rupture, although rare. 4. This includes COPD, DM, CHF, ESRD, alcoholism, liver failure, cancer or any other history of<br>immunosuppression. Based on guidelines and recommendations from the ATS and IDSA. 5. Within the last 90 days. |  |

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## Critical drug shortages caused by COVID-19 Azithromycin

- There's currently a <u>shortage of azithromycin</u> tablets and injections, according to the FDA and ASHP.
- Azithromycin is indicated for treating a wide range of bacterial infections, but it's also been used in patients with respiratory infections because of its potential immunomodulatory effects.

### Critical drug shortages caused by COVID-19 Azithromycin

- As noted above, azithromycin has been used in conjunction with hydroxychloroquine for treating COVID-19.
- Between February and March 2020, the number of patients who received both <u>hydroxychloroquine</u> and <u>azithromycin</u> prescriptions <u>skyrocketed</u> a <u>staggering</u> 1044%.

